

Basic Needs Achievement Survey

Reference number 00003

Name

5 Basic Needs

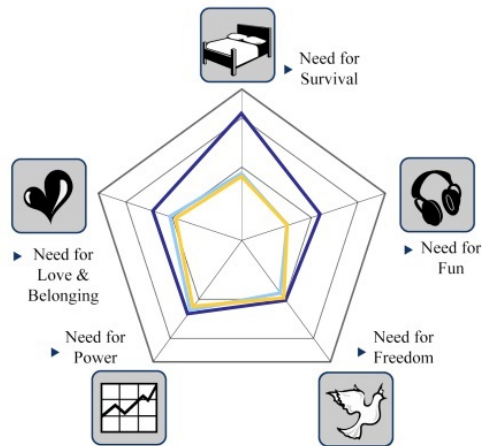
What is Choice Theory?

Choice Theory is a psychology advocated by the American psychiatrist Dr. William Glasser. For 50 years since its announcement, it has been widely used around the world, highly evaluated and widely used as a method of building better human relationships in an environment involving various human relationships such as counseling, school education, organization, and home environment. In Choice Theory, we consider that a person is born with basic needs. Basic needs are built into each person's genes and are thought to drive people from the inside.

Balance of Needs Radar Chart Indicators

- The level of needs that a person has
- The amount of time and energy spent to satisfy the needs
- The degree to which that need is currently satisfied

Detailed Result



Need for Survival

The need for survival is the physiological need encompassing everything you need to sustain life, such as safety, eating and drinking, sleep, reproduction.



Need for Love & Belonging

The need for Love & Belonging includes the drive to belong with others, such as friends, family, intimate partners, co-workers and nurture good loving relationships.



Need for Power

The need for Power is the desire to get what you want in the way you want, to help others, and to be valued.



Need for Freedom

The need for freedom is the desire not to be bound by anyone, but to act freely, choose things, and make decisions according to your thoughts and feelings.



Need for Fun

The need for fun is a desire of interest and intellectual curiosity, and to do something voluntarily and willingly without being swayed by a sense of duty.

					Needs		Focus	Reality	Difference	Items that are far from the ideal and reality		Items that most closely resemble the ideal and those that are more than ideal	
Survival	Safety and stability	87	55	55									
	Health	78	32	32									
Love & Belonging	Love	68	50	46									
	Affiliation	55	55	55									
Power	Achievement	37	64	68									
	Approval	78	46	42									
	Contribution	64	82	73									
	Competition	55	32	32									
Freedom	Release	78	42	50									
	Change	37	55	60									
	Self	32	32	32									
Fun	Humor	60	32	32									
	Curiosity	46	55	50									
	Learning and growth	55	24	46									
	Creativity	55	55	32									

Needs Balance Trend Details

Needs	Explanation of Needs	Current	Need trend details
Survival	Safety and stability		You seem to have a strong desire for Safety and stability and a moderate focus on your ideals. Currently, 63% is satisfied for the ideal. It is perceived that your needs are relatively satisfied. With more focus, you will be able to better satisfy your needs.
	Health		This section looks at the tendency to live a regular life and be healthy on a daily basis. You are eager for Health, but do not seem to be focusing that high. Currently, 41% is satisfied for the ideal. It is perceived that your needs are not much satisfied. More focus will allow you to satisfy your needs even more.
Love & Belonging	Love		This section looks at the tendency to place importance on relationships with people and to want to have a deep relationship with people, even if the range of relationships is not wide. You desire Love and seem to have a moderate focus on your ideals. Currently, 68% is satisfied for the ideal. It is perceived that your needs are relatively satisfied. With more focus, you will be able to better satisfy your needs.
	Affiliation		This section looks at the tendency to be involved with a wide range of people, even if not deeply, and to feel pleasure doing something with members. You desire Affiliation and seem to have an adequate focus on your ideals. Currently, 100% is satisfied for the ideal. It is perceived that your needs are very well satisfied. It would be a good idea to continue your current efforts.
Power	Achievement		This section looks at the tendency to work toward goals, to get what you want, and to achieve. You are not desiring Achievement that much, but seem to be focusing more than your ideals. Currently, 184% is satisfied for the ideal. It is perceived that your needs are satisfied more than the ideal. It may be a result of focus, but it is a good idea to look beyond what you are working on.
	Approval		This section looks at the tendency to want to be recognized about their abilities and efforts. You seem to have a strong desire for Approval and a moderate focus on your ideals. Currently, 54% is satisfied for the ideal. It is perceived that your needs are relatively satisfied. With more focus, you will be able to better satisfy your needs.
	Contribution		This section looks at the tendency to work on things they don't want to do, and feel pleasure in supporting people. You desire Contribution and seem to be focusing more than your ideals. Currently, 114% is satisfied for the ideal. It is perceived that your needs are satisfied more than the ideal. It may be a result of focus, but it is a good idea to look beyond what you are working on.
	Competition		This section looks at the tendency to want to win over others and also themselves. You desire Competition and seem to have a moderate focus on your ideals. Currently, 58% is satisfied for the ideal. It is perceived that your needs are relatively satisfied. With more focus, you will be able to better satisfy your needs.
Freedom	Release		This section looks at the intensity of the desire not to be bound and the tendency not to be bound by time or rules. You seem to have a strong desire for Release and a moderate focus on your ideals. Currently, 64% is satisfied for the ideal. It is perceived that your needs are relatively satisfied. With more focus, you will be able to better satisfy your needs.
	Change		This section looks at the tendency toward change without being satisfied with the status quo. You are not desiring Change that much, but seem to be focusing more than your ideals. Currently, 162% is satisfied for the ideal. It is perceived that your needs are satisfied more than the ideal. It may be a result of focus, but it is a good idea to look beyond what you are working on.
	Self		This section looks at the tendency to want to be their own and not be influenced by others. You are not desiring Self that much, and seem to have an adequate focus. Currently, 100% is satisfied for the ideal. It is perceived that your needs are very well satisfied. It would be a good idea to continue your current efforts.
Fun	Humor		This section looks at the tendency to be humorous and to enjoy various things. You desire Humor and seem to have a moderate focus on your ideals. Currently, 53% is satisfied for the ideal. It is perceived that your needs are relatively satisfied. With more focus, you will be able to better satisfy your needs.
	Curiosity		This section looks at the tendency to have a wide range of interests and want to challenge new things. You desire Curiosity and seem to be focusing more than your ideals. Currently, 109% is satisfied for the ideal. It is perceived that your needs are satisfied more than the ideal. It may be a result of focus, but it is a good idea to look beyond what you are working on.
	Learning and growth		This section looks at the tendency to find pleasure in learning and working hard to improve one's own abilities. You desire Learning and growth, but do not seem to be focusing that high. Currently, 84% is satisfied for the ideal. It is perceived that your needs are very well satisfied. It can be said that you are more satisfied than the amount of focus you are putting into it. Don't forget to thank the people around you.
	Creativity		This section looks at the tendency toward creative activities based on flexible and innovative ideas. You desire Creativity and seem to have an adequate focus on your ideals. Currently, 58% is satisfied for the ideal. It is perceived that your needs are relatively satisfied, but efforts to change the way and methodology of how you focus can lead to even more needs satisfaction.

[Present] --- An indicator of how well the ideal is currently satisfied.

Over 100% 100 ~ 76% 75 ~ 50% Under 50%

High Need

You have the **highest score in Safety and stability**. Those who have a high score in this category are the type who do not want to be adventurous, and want a stable life.

Low Need

You have the **lowest score in Self**. Those who have a low score in this category are the type who are willing to listen to others and don't push their own claims.